

Name:
Provider:
Date:

| Paddlesport Leader Skills Checklist | | | |
|--|-----------------------------------|------------------|-------------------------|
| Participant Focused Leadership Skills | Strong | Competent | Needs Developing |
| 1. Venue selection/use | | | |
| 2. Safety frameworks | | | |
| 3. Vision (inspirational role model) | | | |
| 4. Positive support to group members | | | |
| 5. Appropriate level of challenge | | | |
| 6. Leadership style and levels of control | | | |
| 7. Judgement and decision-making | | | |
| 8. Equipment | | | |
| 9. Impact on environment and others | | | |
| Personal Paddling Skills | Craft paddled: | | |
| | Strong | Competent | Needs Developing |
| 10. Applied technical skills | | | |
| 11. Tactical paddling skills | | | |
| 12. Choice of craft | | | |
| 13. Beyond the paddle skills | | | |
| 14. Navigation skills | | | |
| 15. Physical capabilities/awareness | | | |
| 16. Psychological skills | | | |
| 17. Personal safety management | | | |
| Rescue Skills | Craft paddled and rescued: | | |
| | Strong | Competent | Needs Developing |
| 18. Deep/Open Water: | | | |
| - Capsized paddler | | | |
| - Incapacitated upright paddler | | | |
| - Unconscious paddler | | | |
| - Self-rescue | | | |
| - Swamped craft | | | |
| 18. Slow Moving Water: | | | |
| - Capsized paddler | | | |
| - Incapacitated upright paddler | | | |
| - Upright entrapped paddler | | | |
| - Self-rescue | | | |
| - Swamped craft | | | |
| 19. Deal with problems/accidents | | | |
| 20. Carry out emergency procedures | | | |
| Underpinning background knowledge, understanding and experience | | | |
| Explain and justify leadership decisions | | | |
| Supporting knowledge and understanding | | | |
| Experience | | | |
| Understanding of leadership responsibilities | | | |
| Commitment to reflective practice | | | |

Paddlesport Leader - Candidate Action Plan

Name:

Specific Comments and Action Points**Participant Focused Leadership Skills:****Personal Paddling Skills:****Rescues:****Background Knowledge and Understanding:****Experience:****Reflective Practice:**